Aging and Disability Resource Connection of Placer County

Advisory Committee Meeting Minutes

October 28, 2025, 2:00 PM – 3:30 PM

Zoom Recording: https://us02web.zoom.us/rec/share/cbjLrxCPFklqtJ4dupLnBkZee5WX-q6aHkEn9XQK2cU5lT0-klfMLNQbQDssQpmJ.IRTi7Djr3sz7qHkx?from=hub
Passcode: zp*Xyg4s

Attendees: German Ayon, Rebecca Hensley, Marion Walker, Sofia Terrazas, Mai Tzeng **(AAA4)** Tink Miller, Elizabeth Pope **(PIRS)** Michelle Nevins **(Del Oro),** Anna Berry **(Seniors First)** Aimee Sagan **(Chapa-De Indian Health)** Jessica Hammond, Erica Williamson **(Placer County Public Health)** Valerie Joyner, Julie Avendano, **(APS)** Colby Hytoff **(Adult System of Care)** William Reed **(Commission on Aging)** Cassidy Paganucci **(PlacerPROTECT)** Sarah Ford **(EngagedService)** Deb Tyler **(HICAP)**

1. ADRC Core Services https://adrc4.specialdistrict.org/adrc-of-placer-county
    - Overview of Core Services
        i. Enhanced Information and Assistance 1-800-211-4545
            1. Multiple access points with warm transfers
            2. AIRS-certified staff provide reliable, inclusive information
            3. Includes follow-ups to ensure quality referrals
        ii. Short Term Service Coordination
            1. Typically lasts 90 days or less
            2. Personalized support during health/safety crises
        iii. Options Counseling
            1. Helps individuals make informed choices about Long-Term Services and Supports (LTSS)
                a. Action plan aligned with personal goals
                b. Follow ups to monitor and adjust plans
        iv. Transitions
            1. Hospital or nursing facilities to community
            2. Information sharing, decision support, and service coordination.
2. Training Components:
    - Seniors First (Anna Berry)
        i. *For a video recording please click on the link above 7:00.*
    - HICAP (Deb Tyler)
        i. *For a video recording please click on the link above 21:00. Slides are available*
3. Agency Updates
    - **Agency on Aging Area 4** https://www.agencyonaging4.org/
        i. AAAs are required to do a 4-year plan and update it annually.
            1. Gap Analysis
                a. Statewide survey
        ii. C4A conference, November 2025

iii. New Fiscal Department
iv. Hiring New Case Manager
v. CalFresh Coordinator available for outreach

- **PIRS** pirs.org
  i. Multiple outreach event in process
  ii. Recruiting
    1. Community Organizing Position
    2. Independent Living Advocate
- **Del Oro** https://www.deloro.org/
  i. Process of offering respite care. Contract in place with AAA4
  ii. 13 WEEKS OUT WITH NEW CLIENT APPOINTMENTS
  iii. November is National Family Caregiver Month
    1. 3 workshops for caregivers
- **Seniors First** https://seniorsfirst.org/
  i. Participated in Senior Fair
  ii. Anticipating CalFresh calls
    1. Will expand MOW if needed

- **Placer County**
- *Health and Human Services Adult System of Care*
  i. Budget environment austere
- *Healthy Aging Program*
  i. Hosting Dementia Tours November 13th
  ii. Survey going out for caregivers (focused on respite)
- *Planning Department* https://www.placer.ca.gov/9618/General-Plan-2050
  i. Update on general plan 2050
  ii. Vision and Guiding Principles statements were adopted by the Board of Supervisors on October 6
- *APS*
  i. HomeSafe Program
    1. Received expected distribution draft.
  ii. Looking for emergency caregivers
- **Placer Commission on Aging**
  i. Presented annual report to Placer County Supervisors