



El&A, Options Counseling, Short Term Service Coordination, Transition Support  
ADRC of Sacramento County

### Advisory Committee Notes

August 13, 2025, 2-3:30pm

Zoom Recording: <https://us02web.zoom.us/rec/share/pmHrkSa-RMj--fLVG2wpMq78d1Wkv4vCoce-uUmSCSclmAjJbxash1Siw-LGSN8s.kUdi8ebL2Yvui1dA?startTime=1755118503000>

Passcode: c79eW\$Y#

- 1) Attendees: Michelle Champoux (RIL), Teddy Austin (RIL), Trystan McClellan (RIL), CeCe Olivas (RIL), Rebekah Reynolds (RIL), Jeri Shikuma (ACC), Soojin Yoo (ACC), Rhenz Santos (ACC), Rochelle (ACC), Lora Connolly, Katherine Sorenson (211), Rebeca Espinosa (UCD research), Nancy Ramirez (HEC) Yanet Ramos (Standford Settlement) Claude Battaglia (CIA), Elia Peralta (La Familia), Dawn Angelo (AARP), Contessa Bunn (Sac County), Debra Bonner (El Hogar), MJ, Brandi Bluel (RIL)  
AAA4 Staff: AnnElise, German, Pam, Rebecca H, Anson, Julie B.
- 2) Sacramento Pride Update: German presented about the ADRC's work at Sacramento Pride. ADRC provided transportation through ACC, provided ASL translators at stages and that could walk with individuals to translate at booths too. ADRC also had a booth with accessibility assistance and assistive devices loans for people to enjoy the event. The ADRC set up ramps to ensure the event was as accessible as the location allowed.
- 3) Sacramento LADAP Update : update rescheduled for next meeting.
- 4) Cross Training: Disaster Preparedness. Teddy presented on RIL's Disaster Preparedness Program. RIL provides 1:1 appointments to help with planning for emergency situations and includes doing assessments on living spaces, medications, and any pets people may have. Teddy can also schedule times for larger group preparations. Once a consumer completes their session they receive a go bag with items in it for emergency situations. RIL can also help consumers sign up at PG+E or SMUD for electric saving programs and disaster preparedness electric back up programs.
- 5) UCD Research Study Opportunity for Caregivers: UCD research group is interested in learning more about family caregivers of individuals with dementia who are part of the immigrant community. For more information reach out to UCD team directly, team information will be emailed out to Advisory Committee.
- 6) Agency Announcements:
  - A) **AAA4**: Received Anthem grant for ECM program. Partnering with CDA for fall prevention in addition with El Dorado AAA and UCD. Big Beautiful Bill will cut out CalFresh Healthy Living Program at AAA4. Recruiting for accountants and CM. Beginning 4 year area plan work and doing community needs assessments.
  - B) **RIL**: Sept 19<sup>th</sup> from 10-12 will be a Disability and Older Adults Resource Fair and vaccine clinic. RIL

is a vendor through DOR for employment service, send client to DOR and get assessment and then ask to be referred back to RIL. Will be doing a walk bike and roll audit in Del Paso Heights with AARP.

- C) **ACC:** CSEP program is on furlough until further notice. Utilities Program coordinator has been getting more people who have been receiving third party gas companies coming around and scamming people then jacking up the prices, if questions call ACC. Sept 6 is the annual Ohana Walk. Received AARP Challenge Grant they will be making the community garden more accessible will be working with Society for the Blind and AAA4 for this project as well.
- D) **Sac County:** Is continuing to do work groups and listening sessions for LADAP group.
- E) **AARP:** Hosting event to celebrate 90 year anniversary of social security. Hosting a shred event in Sept 3<sup>rd</sup> at BT Collins.
- F) **Stanford Settlement :** Annual Health and Information Fair Sept 11, still accepting vendors if partners are interested.
- G) **La Familia:** Older adult support groups on Tuesdays and Wednesdays (Tuesday is mainly Spanish speakers, Wednesday is non-Spanish speakers). Nutrition class for older adults occurs Sept 11-Oct 30 for a total of 9 workshops. Senior prom is on Sept 30<sup>th</sup>. Sept 19<sup>th</sup> is their annual resource event.
- H) **HEC:** Workforce Development Symposium and Job Fair will be on Friday, September 12<sup>th</sup>. Health Fair and Job Fair on October 4<sup>th</sup>.
- I) **El Hogar:** 45<sup>th</sup> Annual Mental Health and Aging Conference, Thursday October 30<sup>th</sup>. Event will be in person this year.

**Next meeting : 11/12/25**