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## Yuba-Sutter Aging and Disabilities Plan

# Possible Strategies and Objectives Packet #1: Housing and Emergency Preparedness

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### Document Background and Overview

The possible strategies and objectives outlined in this document have been developed based on:

- ▶ Outcomes from the Yuba-Sutter Part 1: Strategic Initiatives Workshop.
- ▶ Examples from other county plans, including those from Nevada, Ventura, and Santa Clara counties.<sup>1</sup>
- ▶ Data-driven solutions identified in the needs assessment
- ▶ A review by the core planning team to identify gaps and refine based on local relevance and feasibility.

The possible objectives serve as a foundation for developing SMART (Specific, Measurable, Achievable, Relevant, and Time-Bound) objectives for the Local Aging and Disability Action Plan (LADAP). It is important to note that not all objectives may be feasible or directly applicable to Yuba and Sutter counties and may require adjustments to align with local priorities. At this stage, they are not draft objectives but rather a broad list of options for consideration, organized under key strategic categories for easier review and discussion.

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<sup>1</sup> Seven Local Aging and Disability Action Plans (LADAPs) were reviewed in preparation for this document, including those from Eagle County, Los Angeles County, Nevada County, Sacramento County, Santa Clara County, Ventura County, and West Sacramento County. However, not all were included as examples, as most lacked strong SMART objectives.



**Goal 1: Increase Affordable, Accessible Housing and Emergency Preparedness**

Possible Strategies	Possible Objectives
<p>Connect residents to available local housing and emergency resources. <b><i>(Part 1 Workshop)</i></b></p>	<p><b>Develop a Comprehensive Public Information System</b></p> <ul style="list-style-type: none"> <li>▶ Partner with local agencies to create a centralized public information system that connects older adults, individuals with disabilities, and low-income residents with local housing and emergency resources. <b><i>(Part 1 Workshop)</i></b></li> <li>▶ Encourage agency participation and collaboration in a way that decreases siloing of different agencies and encourages sharing of resources to achieve the common goal of housing.</li> </ul>
<p>Advocate for more affordable, accessible housing options. <b><i>(Part 1 Workshop)</i></b></p>	<p><b>Improve Community Perceptions of Affordable Housing</b></p> <ul style="list-style-type: none"> <li>▶ Create and implement a marketing/communications campaign/plan to inform community perceptions that universally designed developments enhance neighborhoods and overall well-being. <b><i>(Part 1 Workshop)</i></b></li> </ul> <p><b>Increase Affordable Housing Supply/ Expand Housing Affordability Measures</b></p> <ul style="list-style-type: none"> <li>▶ Support the creation of new short term supportive housing and permanent supportive housing programs such as master lease and/or respite programs</li> <li>▶ Promote cost-saving designs such as energy-efficient buildings and smaller unit layouts to reduce development and living costs. <b><i>(Possible Solution from Data Insights)</i></b></li> <li>▶ Advocate for more housing vouchers and streamlining the application process especially for older adults, veterans, and individuals with disabilities and address</li> </ul>

**STRATEGIES & OBJECTIVES PACKET #1: HOUSING AND EMERGENCY PREPAREDNESS**

Possible Strategies	Possible Objectives
	<p>housing management resistance to accepting section 8 vouchers and other subsidy programs.</p> <p><b>Provide Financial Assistance to Offset Rising Costs</b></p> <ul style="list-style-type: none"> <li>▶ Support policies limiting excessive rent increases and ensuring fair housing practices. <i>(Possible Solution from Data Insights)</i></li> <li>▶ Expand rental assistance programs at local and state levels to help residents manage increasing rent burdens. <i>(Possible Solution from Data Insights)</i></li> </ul> <p><b>Expand Housing Choices and Alternative Living Models</b></p> <ul style="list-style-type: none"> <li>▶ Promote and develop co-housing options and availability. <i>(Nevada)</i></li> <li>▶ Investigate incentives for tiny homes and Accessory Dwelling Units (ADUs) to improve housing access and affordability. <i>(Nevada)</i></li> <li>▶ Incentivize ADA units and Disincentivize renting ADA units non-ADA renters</li> </ul> <p><b>Support Pet-Friendly Housing Initiatives</b></p> <ul style="list-style-type: none"> <li>▶ Support efforts to expand pet-friendly housing options and affordable pet rental deposits. <i>(Ventura)</i></li> <li>▶ <i>Educate rental owners and managers on laws regarding service and companion animals</i></li> </ul>
<p>Facilitate resident connections to affordable home modifications that</p>	<p><b>Educate Residents on Aging-in-Place Solutions</b></p> <ul style="list-style-type: none"> <li>▶ Provide resources and education to promote aging-in-place. <i>(Chula Vista)</i></li> </ul>

## STRATEGIES & OBJECTIVES PACKET #1: HOUSING AND EMERGENCY PREPAREDNESS

Possible Strategies	Possible Objectives
<p>support aging-in-place. <b>(Part 1 Workshop)</b></p>	<p><b>Improve Affordability and Access to Home Modifications</b></p> <ul style="list-style-type: none"> <li>▶ Advocate for expanded Medi-Cal community supports, including “Environmental Accessibility Modifications” and “Community Transition Services” under CalAIM. <i>(Ventura)</i></li> <li>▶ Reduce permit fees and identify grants or financial aid for low-income households for accessibility or safety-related home modifications and support oversight for maintenance of ADA/safety accommodations on properties</li> <li>▶ Identify grants or for essential home repairs and maintenance, particularly for older adults and disabled homeowners. <i>(Possible Solution from Data Insights)</i></li> <li>▶ Advocate for increased/renewed funding for local organizations to continue/expand affordable or volunteer-based home repair programs. <i>(Possible Solution from Data Insights)</i></li> <li>▶ Advocate for energy efficiency programs that include free or low-cost home upgrades to reduce monthly utility bills/increase equipment safety. <i>(Possible Solutions from Data Insights)</i></li> </ul>
<p>Strengthen resident access to local emergency response plans and systems to improve preparedness and resilience. <b>(Part 1 Workshop)</b></p>	<p><b>Enhance Emergency Preparedness Efforts for Older Adults and People with Disabilities</b></p> <ul style="list-style-type: none"> <li>▶ Coordinate with local agencies to improve evacuation planning with specific provisions for vulnerable populations and expand emergency transportation options for individual and community evacuations.</li> <li>▶ Improve all formats disaster preparedness communications to ensure emergency alerts and other information is presented in different formats and languages to make</li> </ul>

**STRATEGIES & OBJECTIVES PACKET #1: HOUSING AND EMERGENCY PREPAREDNESS**

Possible Strategies	Possible Objectives
	<p>it easier for consumers to understand (multilingual and disability-accessible). <i>(Possible Solutions from Data Insights)</i></p> <ul style="list-style-type: none"> <li>▶ Identify accessibility needs at emergency shelters and implement ways to meet those needs. <i>(Possible Solutions from Data Insights)</i></li> <li>▶ Increase emergency housing resources and shelters. <i>(Possible Solution from Data Insights)</i></li> <li>▶ Expand resources for animal accommodations during emergencies. <i>(Possible Solutions from Data Insights)</i></li> </ul> <p><b>Evaluate and Improve Future Emergency Response Strategies</b></p> <ul style="list-style-type: none"> <li>▶ Conduct after-action analyses of COVID-19 to identify strategies for reducing disparities and deaths during future emergencies. <i>(Ventura)</i></li> </ul>
<p>Collaborate with local efforts to increase housing for the unhoused and veterans.</p>	<p><b>Expand Housing and Support Services for Unhoused Individuals</b></p> <ul style="list-style-type: none"> <li>▶ Support the Increase of recuperative care beds for people who are experiencing homelessness <i>(Nevada)</i><sup>2</sup></li> <li>▶ Support the Increased availability of shelter beds for those with disabilities through Life Advancement Center, Project Hope Minor, and similar projects</li> </ul> <p><b>Strengthen Housing Options for Veterans</b></p> <ul style="list-style-type: none"> <li>▶ Support efforts to expand Veterans Housing and Homelessness Prevention Programs such as Cal Vets and creating more SSVF providers (built for zero initiative)</li> </ul>

<sup>2</sup> There is a new local initiative in Yuba and Sutter Counties to support those who are unhoused with high medical needs.

## STRATEGIES & OBJECTIVES PACKET #1: HOUSING AND EMERGENCY PREPAREDNESS

Possible Strategies	Possible Objectives
<p>Support local and state initiatives to expand access to home health, skilled nursing, residential care, and assisted living alternatives to increase choice options.</p>	<p><b>Implement and Expand Assisted Living Waiver Programs “Bridging Health Care with Home”</b></p> <ul style="list-style-type: none"> <li>▶ Prepare local facilities for the Home &amp; Community-Based Alternatives Waiver and Assisted Living Waiver Integration legislation to go into effect. <i>(Nevada)</i></li> <li>▶ Pursue the Assisted Living Waiver to increase housing options. <i>(Ventura)</i></li> </ul> <p><b>Expand Housing and Care Models for Aging Adults</b></p> <ul style="list-style-type: none"> <li>▶ Support state strategies to expand all types of accessible housing options and hospital/ Long Term Care Facility (LTC) transition services for aging adults, and persons with disabilities</li> <li>▶ Fund and expand home health and home care programs to support individuals who cannot easily access healthcare facilities. <i>(Possible Solutions from Data Insights)</i></li> <li>▶ Conduct a regional assessment to align Residential Care Facilities for the Elderly (RCFE) and Skilled Nursing Facilities (SNF’s) capacity and offerings with community needs. <i>(Possible Solutions from Data Insights)</i></li> <li>▶ Increase the number of Skilled Nursing Facilities (SNFs) and other Residential Care Facilities for the Elderly (RCFEs) in both counties to meet growing demand. <i>(Possible Solutions from Data Insights)</i></li> </ul> <p><b>Promote Home and Community-Based Alternatives to Institutional Care</b></p> <ul style="list-style-type: none"> <li>▶ Consider home and community alternatives to short-term nursing home stays through expanded telehealth benefits and remote patient monitoring. <i>(Ventura)</i></li> </ul>